

Life is a Game, Play It!

Sai Region 3 Annual Retreat 2016

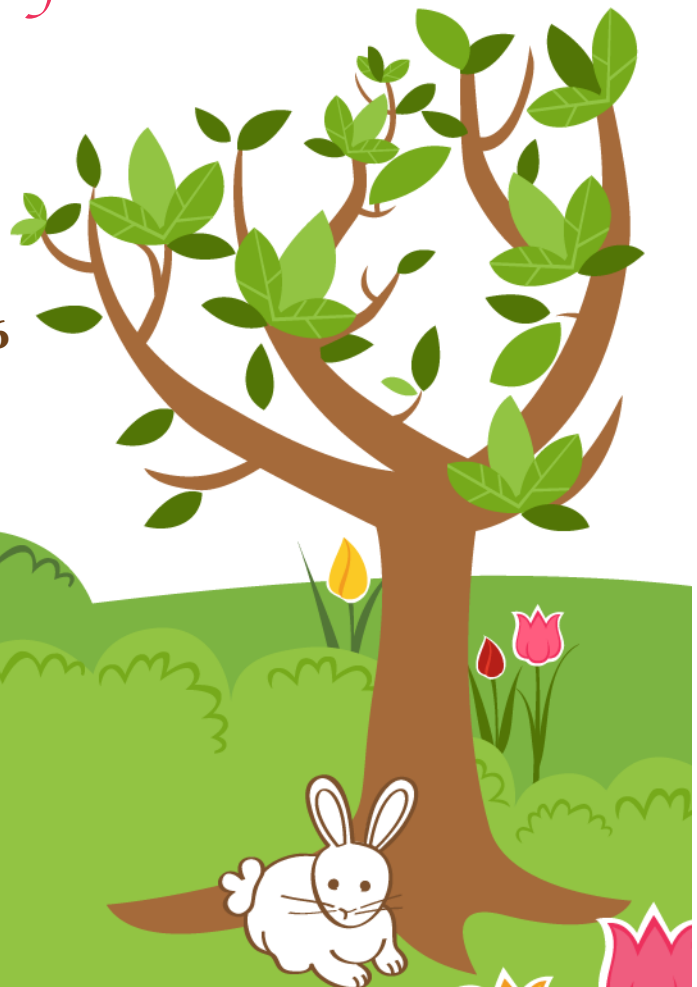
*“Practical Spirituality -
Living The Message of Sathya Sai Baba”*



Where: St. Petersburg, FL

When: May 27th – May 30th 2016

SSE Program Details



AGENDA

Saturday, May 28, 2016

7:00 AM	Breakfast	11:30 AM	Learn New Songs, Collage Preparation
8:00 AM	Suprabhatham	12:30 PM	Lunch Break
8:30 AM	Sai Darshan & Bhajans	1:30 PM	Collage Preparation, Indoor Games
8:45 AM	Introductions & Ice Breaker: Find Your Values	3:30 PM	Break
9:30 AM	Yoga, Outdoor Games	4:00 PM	Time with Speakers
10:30 AM	Break	4:45 PM	SSE Exhibit Setup
11:00 AM	Bhajan Anthakshari	5:30 PM	Wrap Up

Sunday, May 29, 2016

7:00 AM	Breakfast	11:30 AM	SSE Exhibit Setup
8:00 AM	Suprabhatham, Light Meditation, Devotional Singing	12:30 PM	Lunch Break
8:45 AM	Learn New Songs, Indoor Games	1:45 PM	SSE Exhibit Walkthrough
9:30 AM	Yoga, Outdoor Games	2:45 PM	Time with Speakers
10:30 AM	Break	3:30 PM	Break
11:00 AM	Walk With Values	4:00 PM	Indoor Games, Face Painting
		5:30 PM	Wrap Up

Things To Pack

Children will be spending time in various outdoor games and indoor activities. They are encouraged to pack the following items.

- 1. Yoga Pants, Or Track Pants**
- 2. Comfortable Pair of Sneakers**
- 3. Water Bottle**
- 4. Sunscreen**

Samastha Loka Sukhino Bhavanthu

May All The Beings In All The Worlds, Be Happy

