National SSE Enrichment Program (Part 3)

Teacher → Coordinator

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Program Focus: Self Transformation

1. **Alignment with Swami's Words**
   - Practice one teaching (What) sincerely (How) and you will be redeemed (Reward)
2. **Alignment with National Mission**
   - Practice Cheppinattu Chestara (Do actions follow words) at the program level (coordinators & teachers together) not at individual level which is one's personal sadhana.
3. **Prioritize Life Application**
   - Swami's words emphasizes the need to practice the values in our daily lives
4. **Prioritize the teaching of "How" to practice**
   - Program participants (children, parents) need most support in learning "How" to practice. This means we have to spend more time and effort on this aspect.
5. **Resources (Tools, Training, Planning & Prioritization)**
   - Only after we have agreement on 1-4 do the resources make sense. It sets the example we have to follow in Step 4. In other words we need to help our children and parents with resources to focus on how to practice.

National SSE Coordinator & Leaders + Regional SSE Coordinators

National SSE Planning

Alignment with National SSE Mission:

Do Deeds follow Words

One has to develop faith first. Even a demon worships God, but his actions are demonic. One can have peace only when one develops faith in God and dedicates all one's actions to God. You may study any number of books and sacred texts. You may even lecture on them. But that is of no use. Whatever you put into practice, only that will become part of you.

Only when there is perfect accord between thought, word, and deed does it become truth. Simply giving expression to one's thoughts and lecturing on principles without putting them into practice amounts to empty rhetoric. It amounts to falsehood. Such a person will not become a full individual. Shivraj Patil is not such a person. He experienced truth and gave expression to his thoughts in the form of a book. That is why his book earned him a reputation, giving him great satisfaction.

I expect all students to relate to their teachers what they have learnt from them. Mere book reading is of no use. There must be close interaction between teachers and students. Such an interaction would be like the positive and negative coming together.

-- Sathya Sai Speaks Vol 14:10 pp 4/5

National SSE Calendar

Quarter	Week	Date (Saturday)	Date (Sundays)	All Festivals	School Events	Family Events	Regional <#> Events	Suggested SSE Calendar	<Center Name> Events	Sai Nursery	Group I	Group II	Group III	Group IV	Parent Group
							<Regional Coordinator>		<Center Coordinator>	<Teacher names>	<Teacher names>	<Teacher names>	<Teacher names>	<Teacher names>	<Facilitator>
1	1	9/10/2016	9/11/2016	SSE Orientation				SSE Orientation	SSE Orientation	SSE Orientation	SSE Orientation	SSE Orientation	SSE Orientation	SSE Orientation	
1	2	9/17/2016	9/18/2016					Lesson 1			Acknowledge children for good habits they are practicing		Presentation on Anger and its effect on health	Become aware of the reason and nature of helping. Why help?	
1	3	9/24/2016	9/25/2016					Lesson 2			Stories and Discussion on how it feels to practice these good habits		Swami's message on speaking to parents at home	How do we go about helping at home? e.g., if the parents arent' agreeable	
1	4	10/1/2016	10/2/2016					Lesson 3			Introduce & motivate new habit		Role play for each student by simulating a home environment in class		
1	5	10/8/2016	10/9/2016					Lesson 4			Practical application of the new habit in context (e.g., visit to nursing home)		Understand what God is to me and what would be some example offerings to God		
1	6	10/15/2016	10/16/2016	Vijayadashami/Shirdi Sai Day (Oct 14th)				Lesson 5			Create a sharing of what you are doing		**Share your offering(s) which you created**		
1	7	10/22/2016	10/23/2016	Sathya Sai Avatar Day (Oct 20th)				Sathya Sai Avatar Day	Sathya Sai Avatar Day	Sathya Sai Avatar Day	Sathya Sai Avatar Day	Sathya Sai Avatar Day	Sathya Sai Avatar Day	Sathya Sai Avatar Day	Sathya Sai Avatar Day
1	8	10/29/2016	10/30/2016					Lesson 6			Share	Share	How to repeat daily?		
1	9	11/5/2016	11/6/2016					Akhanda Bhajans - Practice	Akhanda Bhajans - Practice	Akhanda Bhajans - Practice	Akhanda Bhajans - Practice	Akhanda Bhajans - Practice	Akhanda Bhajans - Practice	Akhanda Bhajans - Practice	Akhanda Bhajans - Practice
1	10	11/12/2016	11/13/2016	Akhanda Bhajans (Nov 9th-10th)			Akhanda Bhajans	Akhanda Bhajans	Akhanda Bhajans	Akhanda Bhajans	Akhanda Bhajans	Akhanda Bhajans	Akhanda Bhajans	Akhanda Bhajans	Akhanda Bhajans
1	11	11/19/2016	11/20/2016	Muharram (Nov 14th)				Swami's Bday- Preparation	Swami's Bday-Preparation	Swami's Bday-Preparation	Swami's Bday-Preparation	Swami's Bday-Preparation	Swami's Bday-Preparation	Swami's Bday-Preparation	Swami's Bday-Preparation
1	12	11/26/2016	11/27/2016	SSSIHL 32nd Convocation (Nov 22nd) Swami's Bday (Nov 23)			Swami's Bday	Swami's Bday	Swami's Bday	Swami's Bday	Swami's Bday	Swami's Bday	Swami's Bday	Swami's Bday	Swami's Bday
2	13	12/3/2016	12/4/2016					Lesson 1						Explore the different Self(s) - Who I am, Who others think I am, Who I really am?	
2	14	12/10/2016	12/11/2016					Lesson 2						How to differentiate the voice of the mind and voice of the Atma (Conscience)	
2	15	12/17/2016	12/18/2016					Lesson 3						Active listening to the voice of God	
2	16	12/24/2016	12/25/2016	Christmas (Dec 25th)				Christmas	Christmas	Christmas	Christmas	Christmas	Christmas	Christmas	Christmas
2	17	12/31/2016	1/1/2017	New Year (Jan 1)				New Year	New Year	New Year	New Year	New Year	New Year	New Year	New Year
2	18	1/7/2017	1/8/2017					Lesson 4						Active listening to the voice of God	
2	19	1/14/2017	1/15/2017	SSSIHL Annual Sports Day (Jan 15th)				Lesson 5						Experience the Self (Costume Class)	
2	20	1/21/2017	1/22/2017					Lesson 6						Sharing of your experience listening	
2	21	1/28/2017	1/29/2017	Chinese New Year (Jan 28)				Lesson 7						Experincing following the voice (group activity)	
2	22	2/4/2017	2/5/2017					Lesson 8						Skill building or core strengthening or sharing?	
2	23	2/11/2017	2/12/2017					Lesson 9						Skill building or core strengthening or sharing?	
2	24	2/18/2017	2/19/2017					Mahashivarathri Practice	Mahashivarathri Practice	Mahashivarathri Practice	Mahashivarathri Practice	Mahashivarathri Practice	Mahashivarathri Practice	Mahashivarathri Practice	Mahashivarathri Practice
2	25	2/25/2017	2/26/2017	Mahashivarathri (Feb 25th)			Mahashivarathri	Mahashivarathri	Mahashivarathri	Mahashivarathri	Mahashivarathri	Mahashivarathri	Mahashivarathri	Mahashivarathri	Mahashivarathri
3	26	3/4/2017	3/5/2017	Sri Ramanavami (April 8th)				Lesson 1							
3	27	3/11/2017	3/12/2017					Lesson 2							
3	28	3/18/2017	3/19/2017					Lesson 3							
3	29	3/25/2017	3/26/2017					Lesson 4							
3	30	4/1/2017	4/2/2017					Lesson 5							
3	31	4/8/2017	4/9/2017					Lesson 6							
3	32	4/15/2017	4/16/2017	Good Friday (April 14th) Easter Sunday (April 16th)				Lesson 7							
3	33	4/22/2017	4/23/2017	Sathya Sai Aradhana Mahotsavam Mahasamadhi Day (April 24th)			Sathya Sai Aradhana Day	Mahasamadhi Day	Mahasamadhi Day	Mahasamadhi Day	Mahasamadhi Day	Mahasamadhi Day	Mahasamadhi Day	Mahasamadhi Day	Mahasamadhi Day
3	34	4/29/2017	4/30/2017					Lesson 8							
3	35	5/6/2017	5/7/2017	Easwaramma Day (May 6th)			Easwaramma Day	Easwaramma Day	Easwaramma Day	Easwaramma Day	Easwaramma Day	Easwaramma Day	Easwaramma Day	Easwaramma Day	Easwaramma Day
3	36	5/13/2017	5/14/2017					Lesson 9							
3	37	5/20/2017	5/21/2017					SSE Graduation	SSE Graduation	SSE Graduation	SSE Graduation	SSE Graduation	SSE Graduation	SSE Graduation	SSE Graduation
3	38	5/27/2017	5/28/2017	Memorial Day Weekend (May 29th)			Regional Retreat	Memorial Day Weekend	Memorial Day Weekend	Memorial Day Weekend	Memorial Day Weekend	Memorial Day Weekend	Memorial Day Weekend	Memorial Day Weekend	Memorial Day Weekend
4	39	6/3/2017	6/4/2017												
4	40	6/10/2017	6/11/2017				Planning								
4	41	6/17/2017	6/18/2017				Planning								
4	42	6/24/2017	6/25/2017				Planning								

National SSE Festivals

Date	Festival	Module Description	Module Type	Resources			
October 20th	Sathya Sai Avatar Day	Describe the activity we did with the center simulating Old Puttaparthi at the center with different rooms having different scenarios and the roads as well	Experience	Avatar Day -- Material for SSE			
October 14th	Shirdi Sai Day - Vijayadashami	Complete the Shirdi Sai module on Vimeo. Include videos from Radio Sai for Shirdi to Parthi	Awareness	SAI Spiritual Education Series	Shirdi Sai Arathi and Shirdi Sai bhajans for all to learn		
Nov 14th	Muharram	Significance and history	Awareness	Ali Suleman Talk in San Diego	Fize Mohammed talk in Glendale, CA		
Nov 9th-10th	Akhanda Bhajans	Bhajan training & organizaiton of Akhanda Bhajans	Experience	Radio Sai Bhajan Tutor Archives	Radio Sai Bhajan Classroom	Sai Bhajan Tutor on Facebook	Divine Discourses on Akhanda Bhajans
Nov 23rd	Swami's Birthday	Songs and Stories from Swami's life -- His Story	Inspiration	His Story -- Book & Resources	Loving Legend, Living Legacies - Series on Swami's Avataric mission		
Dec 25th	Christmas	JESUS module on SAI Education Series	Awareness/Inspiration	JESUS by SAI Spiritual Education	BIBLE Miniseries on Netflix		
				Script to go with JESUS by SAI video			
Jan 28th	Chinese New Year	Module on Chinese New Year	Awarenesss	Chinese New Year in Prashanthi Nilayam 2010	Chinese New Year 2008	2007	
Feb 25th	Maha Shivarathri	Module on Significance of Maha Shivarathri	Awareness	Maha Shivarathri -- SSE Resources			
April 8th	Sri Ramanavami	Ramanavami Program module with package of narrative, songs, and activity	Sharing	Ramanavami Materials for SSE			
April 14th-16th	Good Friday/Easter Sunday	Module from Christianity	Awareness	Story of Easter on Radio Sai H2H	Son of God - Documentary on NetFlix		
April 24th	Mahasamadhi Day	Significance and sadhana (Dr. Reddy's letter; Trees of Love)	Experience	Trees of Love	Letter from Dr. Narendranath Reddy, Chairman Prashanthi Council	Talk by Nimish Pandia, All India President SSS Organizaiton of India	
May 6th	Easwaramma Day	Stories about mother Easwaramma; children's day; mother's day	Inspiration	Radio Sai Resources on Mother Easwaramma			

Teaching "How" to practice

- Practice by Being
- Practice by Doing
  - Practice by Tracking (Diary or journal)
- Practice by Observing
- Practice by Sharing

Regional SSE Coordinator + Center SSE Coordinators

Regional SSE Planning

National SSE Quarterly Planning

Quarter	#Classes	Start Date	Start Date	Sai Nursery	Group I	Group II	Group III	Group IV
				<Teacher names>	<Teacher names>	<Teacher names>	<Teacher names>	<Teacher names>
1	6	9/10/16	9/11/16	1. 2. 3.	1. 2. 3.	1. 2. 3.	1. 2. 3.	1. 2. 3.
2	9	12/3/16	12/4/16	1. 2. 3.	1. 2. 3.	1. 2. 3.	1. 2. 3.	1. 2. 3.
3	9	3/4/17	3/5/17	1. 2. 3.	1. 2. 3.	1. 2. 3.	1. 2. 3.	1. 2. 3.

LEGEND

For each quarter for each group identify a prioritiszed list (say TOP 3) of what you what you want students to learn "H
It does not have to be the same for each group. It can be combined across groups or different for everyone. Same app
SSE Coordinator should discuss with the teachers for each group who know their students the best. Spend some time
See the Star Chart tab below to understand how to come up with the prioritized list.

Watch the SSE Enrichment Open Hours Videos (every Tuesday) for more details

https://vimeo.com/channels/sseenrichment

Password: sseenrichment

Center SSE Coordinators + SSE Teachers + Center Officers

Center SSE Planning

National SSE Weekly Planning

Date (Sundays)	All Festivals	School Events	Family Events	Regional <#> Events	Suggested SSE Calendar	<Center Name> Events	Sai Nursery	Group I	Group II	Group III	Group IV	Parent Group
				<Regional Coordinator>		<Center Coordinator>	<Teacher names>	<Teacher names>	<Teacher names>	<Teacher names>	<Teacher names>	<Facilitator>
9/11/2016	SSE Orientation				SSE Orientation	SSE Orientation	SSE Orientation	SSE Orientation	SSE Orientation	SSE Orientation	SSE Orientation	
9/18/2016					Lesson 1			Acknowledge children for good habits they are practicing		Presentation on Anger and its effect on health	Become aware of the reason and nature of helping. Why help?	
9/25/2016					Lesson 2			Stories and Discussion on how it feels to practice these good habits		Swami's message on speaking to parents at home	How do we go about helping at home? e.g., if the parents arent' agreeable	
10/2/2016					Lesson 3			Introduce & motivate new habit		Role play for each student by simulating a home environment in class		
10/9/2016					Lesson 4			Practical application of the new habit in context (e.g., visit to nursing home)		Understand what God is to me and what would be some example offerings to God		
10/16/2016	Vijayadashami/Shirdi Sai Day (Oct 14th)				Lesson 5			Create a sharing of what you are doing		**Share your offering(s) which you created**		
10/23/2016	Sathya Sai Avatar Day (Oct 20th)				Sathya Sai Avatar Day	Sathya Sai Avatar Day	Sathya Sai Avatar Day	Sathya Sai Avatar Day	Sathya Sai Avatar Day	Sathya Sai Avatar Day	Sathya Sai Avatar Day	Sathya Sai Avatar Day
10/30/2016					Lesson 6			Share	Share	How to repeat daily?		
11/6/2016					Akhanda Bhajans - Practice	Akhanda Bhajans - Practice	Akhanda Bhajans - Practice	Akhanda Bhajans - Practice	Akhanda Bhajans - Practice	Akhanda Bhajans - Practice	Akhanda Bhajans - Practice	Akhanda Bhajans - Practice
11/13/2016	Akhanda Bhajans (Nov 9th-10th)			Akhanda Bhajans	Akhanda Bhajans	Akhanda Bhajans	Akhanda Bhajans	Akhanda Bhajans	Akhanda Bhajans	Akhanda Bhajans	Akhanda Bhajans	Akhanda Bhajans
11/20/2016	Muharram (Nov 14th)				Swami's Bday- Preparation	Swami's Bday-Preparation	Swami's Bday-Preparation	Swami's Bday-Preparation	Swami's Bday-Preparation	Swami's Bday-Preparation	Swami's Bday-Preparation	Swami's Bday-Preparation
11/27/2016	SSSIHL 32nd Convocation (Nov 22nd) Swami's Bday (Nov 23)			Swami's Bday	Swami's Bday	Swami's Bday	Swami's Bday	Swami's Bday	Swami's Bday	Swami's Bday	Swami's Bday	Swami's Bday
12/4/2016					Lesson 1						Explore the different Self(s) - Who I am, Who others think I am, Who I really am?	
12/11/2016					Lesson 2						How to differentiate the voice of the mind and voice of the Atma (Conscience)	
12/18/2016					Lesson 3						Active listening to the voice of God	
12/25/2016	Christmas (Dec 25th)				Christmas	Christmas	Christmas	Christmas	Christmas	Christmas	Christmas	Christmas
1/1/2017	New Year (Jan 1)				New Year	New Year	New Year	New Year	New Year	New Year	New Year	New Year
1/8/2017					Lesson 4						Active listening to the voice of God	
1/15/2017	SSSIHL Annual Sports Day (Jan 15th)				Lesson 5						Experience the Self (Costume Class)	
1/22/2017					Lesson 6						Sharing of your experience listening	
1/29/2017	Chinese New Year (Jan 28)				Lesson 7						Experincing following the voice (group activity)	
2/5/2017					Lesson 8						Skill building or core strengthening or sharing?	
2/12/2017					Lesson 9						Skill building or core strengthening or sharing?	
2/19/2017					Mahashivarathri Practice	Mahashivarathri Practice	Mahashivarathri Practice	Mahashivarathri Practice	Mahashivarathri Practice	Mahashivarathri Practice	Mahashivarathri Practice	Mahashivarathri Practice
2/26/2017	Mahashivarathri (Feb 25th)			Mahashivarathri	Mahashivarathri	Mahashivarathri	Mahashivarathri	Mahashivarathri	Mahashivarathri	Mahashivarathri	Mahashivarathri	Mahashivarathri
3/5/2017	Sri Ramanavami (April 8th)				Lesson 1							
3/12/2017					Lesson 2							
3/19/2017					Lesson 3							
3/26/2017					Lesson 4							
4/2/2017					Lesson 5							
4/9/2017					Lesson 6							
4/16/2017	Good Friday (April 14th) Easter Sunday (April 16th)				Lesson 7							
4/23/2017	Sathya Sai Aradhana Mahotsavam Mahasamadhi Day (April 24th)			Sathya Sai Aradhana Day	Mahasamadhi Day	Mahasamadhi Day	Mahasamadhi Day	Mahasamadhi Day	Mahasamadhi Day	Mahasamadhi Day	Mahasamadhi Day	Mahasamadhi Day
4/30/2017					Lesson 8							
5/7/2017	Easwaramma Day (May 6th)			Easwaramma Day	Easwaramma Day	Easwaramma Day	Easwaramma Day	Easwaramma Day	Easwaramma Day	Easwaramma Day	Easwaramma Day	Easwaramma Day
5/14/2017					Lesson 9							
5/21/2017					SSE Graduation	SSE Graduation	SSE Graduation	SSE Graduation	SSE Graduation	SSE Graduation	SSE Graduation	SSE Graduation
5/28/2017	Memorial Day Weekend (May 29th)			Regional Retreat	Memorial Day Weekend	Memorial Day Weekend	Memorial Day Weekend	Memorial Day Weekend	Memorial Day Weekend	Memorial Day Weekend	Memorial Day Weekend	Memorial Day Weekend
6/4/2017												
6/11/2017				Planning								
6/18/2017				Planning								
6/25/2017				Planning								

National SSE Enrichment Resources

1. SSE Calendar for 2016-2017 year
   - http://tinyurl.com/h2ecqyr
2. Quarterly Planning tool for 2016-2017 year
   - http://tinyurl.com/hzblepp
3. Festival Modules
   - http://tinyurl.com/jkrtw6u
4. International SSE Framework: Star Chart
   - http://tinyurl.com/js57q68
5. SSE Resources Search Tool
   - http://www.saispiritualeducation.net/
6. SSE Social Networking Tool
   - http://www.sathyasaisse.org/login
7. SSE Videos on Vimeo
   - https://vimeo.com/sraghavan108/channels

Om Sri Sairam

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